

Personal Development programme

Spring

	Year 7	Year 8	Year 9
MAS Student Spring 1	Respectful		
Assemblies Spring 1	Wk 1 – House Captains assembly, Wk 2 - Learning from others, Wk 3 - Managing Challenges, Wk 4 - World interfaith week, Wk 5 – Rewards, Wk 6 – Internet Safety		
House theme Spring 1	Celebrating differences and LGBTQ+ History month		
Drop morning 2 Spring 1	<p><u>Relationships</u> – Diversity and Discrimination *Children’s Mental Health week CEIAG Developing my awareness (3)</p>	<p><u>Relationships</u> – Diversity and Anti-Bullying *Children’s Mental Health week CEIAG Exploring my interests (3)</p>	<p><u>Relationships & Wider world</u> – Challenging stereotypes *Children’s Mental Health week CEIAG Education pathways – my options (3)</p>
Tutor time PSHE / RSE / Citizenship Spring 1	<p><u>Relationships:</u> Building relationships Positive qualities and behaviours / qualities in relationships (families, friendships, romantic), what to do if you are concerned about an unhealthy relationship and relationship boundaries *Children’s Mental Health week</p>	<p><u>Relationships:</u> Exploring identity and relationships Characteristics of positive relationships in person and online. Positive / negative peer influence. The impact of stereotyping, prejudice and discrimination *Children’s Mental Health week</p>	<p><u>Relationships:</u> Families Families and parenting, healthy relationships, conflict resolution and relationship changes *Children’s Mental Health week</p>
MAS Student Spring 2	Communicative		
Assemblies Spring 2	Wk 1 - LGBTQ+ Month, Wk 2 - Why read / National Careers Week, Wk 3 - International Women’s Day, Wk 4 - Celebrating Differences, Wk 5 - Looking after me, Wk 6 - Rewards		
House theme Spring 2	Celebrating differences and LGBTQ+ History month		
Drop Day 2 Spring 2	<p><u>Living in the Wider World</u> Intro to Careers and Apprenticeships, Diversity in the Workplace CEIAG Developing my awareness (4)</p>	<p><u>Living in the Wider World</u> Exploring job roles and labour market information CEIAG Exploring my interests (4)</p>	<p><u>Living in the Wider World</u> Exploring job roles and labour market information Employment, self-employment and voluntary work CEIAG Education pathways – my options (4)</p>
Tutor time PSHE / RSE / Citizenship Spring 2	<p><u>Relationships:</u> Diversity and Relationships Self-confidence and self- esteem and challenging prejudice</p>	<p><u>Relationships:</u> Emotional Wellbeing Mental health and emotional wellbeing, including body image and coping strategies *Diversity Role Models Workshop</p>	<p><u>Health and Wellbeing</u> Lifestyle balance, healthy choices and importance of body checks for health</p>
CEIAG	CEIAG opportunities take place both as part of the PD programme and independently (see careers map)		
Science / PE / IT / Food Spring Term	<p><u>Science</u> Drugs, Alcohol and Smoking <u>Food</u> Healthy snacks, designing and making a healthy snack for a teenager</p>	<p><u>Science</u> Forensics - DNA and variations, cloning, asexual reproduction, inheritance, natural selection <u>Food</u> - Healthy eating; designing and making healthy light meals <u>PE</u> – Healthy eating and calorie expenditure and food quality</p>	<p><u>Science</u> - Smoking – Alcohol and other carcinogens - Health – Heart disease and risk factors – Cancer – Diet and Exercise <u>PE</u> – What constitutes a healthy lifestyle and maintaining healthy weight <u>IT</u> - Website building - making sites accessible by all</p>

RE Spring Term	Exploring concepts of beliefs, facts and opinions. Understanding how arguments are constructed and the use of evidence to support points.	Suffering and solutions	Exploring beliefs, teachings and practices from world religions and other world views. Living Biblically Investigating how world religions and world views influence relationships and families.
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